

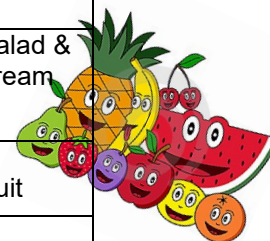
L u n c h M e n u

Week Commencing 20th November 2017

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|--|--|---|---|---------------------|
| Main Meal | Sausage, Yorkshire pudding & mashed potato | Roast pork, apple sauce, mash & roast potato | Beef lasagne | Chicken, vegetable & gravy pie with mashed potato | Fish fillet |
| Vegetarian | Tomato pasta & cheese | Quorn chipolatas, mash & roast potato | Cheese, peppers & onion filled potato skins | Jacket potato, cheese & beans | Quorn BBQ buns |
| Served with | Carrots | Carrots, green beans & broccoli | Sweetcorn & peas, french bread | Mixed vegetables | Herby diced & beans |
| Pudding | Apple & raspberry crumble & custard | Manderin pancakes | Toffee apple sponge & custard | Fruit cookie & fruit juice | Iced marble cake |
| Fruit | Fruit | Fruit | Fruit | Fruit | Fruit |
| Yogurt | Yogurt | Yogurt | Yogurt | Yogurt | Yogurt |

Week Commencing 27th November 2017

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|--------------------------------|--------------------------------------|-------------------------------|--------------------------------------|-------------------------|
| Main Meal | Hot dog & wedges | Tuna pasta bake | Shepherd's pie | Pasta bolognaise | Salmon fillet |
| Vegetarian | Macaroni cheese & garlic bread | Quorn sausage & Yorkshire pud & mash | Jacket potato, cheese & beans | Quorn & vegetable korma, rice & naan | Quorn burger bap |
| Served with | Peas, sweetcorn & green beans | Mixed vegetables | Carrots & broccoli | Peas & sweetcorn | Salad potatoes & beans |
| Pudding | Peach crumble & custard | Chocolate brownie | Flapjack & chocolate milk | Lemon sponge & custard | Fruit salad & ice cream |
| Fruit | Fruit | Fruit | Fruit | Fruit | Fruit |
| Yogurt | Yogurt | Yogurt | Yogurt | Yogurt | Yogurt |



Name _____ Class _____

- Please circle either main meal **or** vegetarian and also circle pudding **or** fruit **or** yoghurt for each day as required
- **Meals are provided free of charge to all Infant children as part of the Universal Infant Free School Meals programme, Juniors are charged at £2.50 per meal and Nursery children charged at £1.75 per meal.**
- Please return your menu for the following two weeks in to school **no later than 9.00am Friday 10th November. No menus can be accepted after this time because of ordering.**
- The oats, flour and pasta in our recipes is organic
- The fish is MSC (Marine Stewardship Council) certified
- The meat is locally sourced and/or Red Tractor approved

