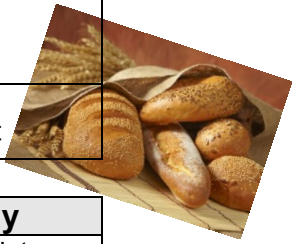


# L u n c h M e n u

## Week Commencing 15<sup>th</sup> October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Sausage & Yorkshire pudding, mash potato	Hunter's chicken	Beef lasagne & crusty bread	Roast gammon	Fish fingers
<b>Vegetarian</b>	Quorn burger & herby diced potatoes	Pasta, tomato sauce & cheese	Jacket potato, cheese & beans	Quorn sausage casserole	Quorn dippers
<b>Served with</b>	Carrots & peas	Mashed potato, sweetcorn & peppers	Peas	Mash, roast, carrots broccoli & cauliflower	Wedges & beans
<b>Pudding</b>	Appleberry crumble & custard	Cornflake tart & custard	Fruit cookie & fruit juice	Apple sponge & custard	Iced marble cake
<b>Fruit</b>	Fruit	Fruit	Fruit	Fruit	Fruit
<b>Yogurt</b>	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt



## Week Commencing 29<sup>th</sup> October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>		Hot dog & herby diced potatoes	Cottage pie	Ham & pineapple pizza	Fish fillet
<b>Vegetarian</b>		Creamy vegetable pasta bake	Quorn tikka masala, vegetable rice & naan bread	Jacket potato, cheese & beans	Breaded vegetable bake
<b>Served with</b>		Peas & leeks	Carrots & broccoli	Sweetcorn & peppers	Roast potatoes & beans
<b>Pudding</b>		Apple flapjack & custard	Fruit salad & ice cream	Chocolate brownie	Flapjack & strawberry milk
<b>Fruit</b>		Fruit	Fruit	Fruit	Fruit
<b>Yogurt</b>		Yogurt	Yogurt	Yogurt	Yogurt

Name \_\_\_\_\_ Class \_\_\_\_\_



- Please circle either main meal **or** vegetarian and also circle pudding **or** fruit **or** yoghurt for each day as required
- **Meals are provided free of charge to all Infant children as part of the Universal Infant Free School Meals programme, Juniors are charged at £2.50 per meal and Nursery children charged at £1.75 per meal.**
- Please return your menu for the following two weeks in to school **no later than 9.00am Monday 8<sup>th</sup> October. No menus can be accepted after this time because of ordering.**
- The oats, flour and pasta in our recipes is organic
- The fish is MSC (Marine Stewardship Council) certified
- The meat is locally sourced and/or Red Tractor approved

